



# NEWSLETTER

**STUDENTS LAST DAY  
THURSDAY 7 APRIL 2022**

**STUDENTS RESUME  
TUESDAY 26 APRIL 2022**

**ADAM ROAD PRIMARY SCHOOL**

# EASTER HAT & DRESS UP DAY

**Thursday 7th April**

Make an Easter Hat and wear **free dress** to school

Enter the **colouring-in competition**

Lunch time **Scavenger Hunt**

**P&C Easter Raffle drawn**

**Prizes** for participating

**Adam Road Primary School**  
9796 3000  
Hotchin Street, Bunbury WA 6230  
Email adamroad.ps@education.wa.edu.au  
[www.adamroad.wa.edu.au](http://www.adamroad.wa.edu.au)

The logo for Adam Road Primary School is circular. It features a blue and white design with a road-like pattern. The words "Adam Road" and "PRIMARY SCHOOL" are written around the bottom edge, and the phrase "On the road to success" is written along the top curve.

Adam Road Primary School

9796 3000

Hotchin Street, Bunbury WA 6230  
Email adamroad.ps@education.wa.edu.au

[www.adamroad.wa.edu.au](http://www.adamroad.wa.edu.au)

# FROM THE PRINCIPAL'S DESK



**It is with a bit of relief and excitement that we head into our last few days of the term. I'm not sure about families, but I know that our staff are feeling a bit like we have run a marathon this term.**

Not only has it been the normal busy Term 1 that we always enjoy, but we have of course been supporting our community through a range of changes to routines and structures. In education, it is often these routines that help us to do our best work in the school environment for students. When these routines change, and we are constantly thinking about how we do what we always do, there is a certain level of fatigue that begins to set in.

The end of term is a great time to reflect on the positives in the school – and we are grateful to have a School Development Day on

Friday to focus our attention on teaching and learning in our school. We will be looking at ways to improve our teaching in the area of spelling, and also looking to build our Business Plan 2022-2024. This work is vitally important for the school, and I look forward to having these uninterrupted conversations with our amazing staff.

Over the term, our students and families have responded positively to a range of changes and communications from the school. I thank you for this, and wish you all the happiest of holidays. We will be enjoying a break, but I will communicate late in the holiday period about the arrangements for the commencement of Term 2, and what the COVID picture looks like for our school. Have a safe holiday.

CATHY ALLEN  
PRINCIPAL

## WHAT DOES A YOUTH CARE CHAPLAIN DO?

YouthCARE chaplains care for the social, emotional, mental, and spiritual wellbeing of students, families, and staff in state school communities throughout Western Australia.

Our chaplains are available to listen compassionately, refer to extra help where necessary and run programs which not only address issues but create positive cultures within schools.

**PASTORAL CARE | SUPPORT PROGRAMS | SCHOOL EVENTS  
COMMUNITY LINKS | BREAKFAST CLUBS | AGENCY REFERRALS  
LEADING & MENTORING | ENCOURAGING & EMPOWERING**



### STAY IN TOUCH

youthcare.org.au   
YouthCAREAustralia   
@youthcare\_australia



# P&C NEWS

Our mid-term sports theme free dress was a popular event with many students coming dressed in their team colours or favourite sporting attire. We raised an amazing \$316, so thank you for your support!

We are attempting our first online sales Easter Raffle and so far so good! Thank you so much to all the families who donated eggs and Easter goodies to make up so many prizes! We have a range of prizes so that lots of students have a chance at winning. People have commented it was much easier online than making their way to the stall or getting some change together - many are loving the fact they don't have to write out so many tickets! We can't wait to announce the winners on Thursday 7 April in conjunction with the school Easter Fun Day.

Plans for the Mother's Day Stall are in motion with our stock arriving and we will see the return of the favourite item - tea cup planters! With COVID protocols we are not sure what this will look like yet, but rest assured students will have the chance to purchase some goodies for the wonderful women in their lives.

As in 2021 our fundraising efforts this year are going towards the Years 1-6 playground. A project like this takes some time (and a large sum of money) but we are still hopeful to see some changes in 2022. Mrs Allen and I have had a meeting to discuss some options for funding and once we have a plan in place it will go to the school board for approval. We thank you for your continued support. Have a safe and happy holidays!

Tarin Collins  
President



## Birthday Buckets

\$15 covers your child's class numbers and they are delivered throughout the day for students to enjoy at break times. They are available all year round Wed-Fri or by special arrangement. Simply contact the canteen on 0422 953 855 and pay via bank deposit, alternatively pop in and see our friendly manager Pauline.



Please follow us on our Facebook page **Adam Road Primary P & C Association Inc.**

## A message from the School Dentist - Adam Road Dental Therapy Centre

Dear parents and patients,

We have been experiencing a very high rate of missed appointments at our centre.

If you cannot attend or wish to change your appointment, please call the clinic on 9795 8904.

If you have changed your address or phone number, please call us to update your records. If we don't have your current contact details, we have no way of contacting you to arrange appointments.

Attending regular dental appointments is very important to your child's dental health.

Our clinic operates on bookings, we are not a walk-in service. If your child requires emergency dental care please call us and we will let you know the earliest time we can see them or let you know of other options.

Thank you for your understanding and cooperation.

Adam Road Dental Team - School Dental Service

# At Adam Road ...

# We care for each other.



- We accept different people
- We include others
- We help and encourage others

# COMMUNITY NOTICES

## JazzAttack PERFORMING ARTS SCHOOL HOLIDAY PROGRAM

**13A COOK STREET, BUSSELTON-**  
**MONDAY 11TH OF APRIL**  
**TUESDAY 12TH OF APRIL**

**2 ARMITAGE STREET, BUNBURY -**  
**WEDNESDAY 13TH OF APRIL**  
**THURSDAY 14TH OF APRIL**

**9:30-12:30PM EACH DAY**

**TUMBLING,ACROBATICS, DANCE,  
CRAFT AND MUCH MORE!!**

**\$40 ONE DAY OR  
\$70 TWO DAYS**

**TICKETS AVAILABLE THROUGH  
TRYBOOKING NOW**

### » Volleyball Term 2 enrolments



Hay Park Grounds, Parade Road, Bunbury 6230  
9795 8690  
activitiesbunbury@wapcyc.com.au

ONLINE REGISTRATION  
[wapcyc.com.au/bunbury](http://wapcyc.com.au/bunbury)

#### ABOUT

Get active and have fun with Kids Volley!

- » Develop your coordination, speed and stamina
- » Fully accredited Volleyball WA coaches

**WHO** Ages 6 – 12

**WHEN** Monday 4.00 – 5.00pm  
Starting 2<sup>nd</sup> May

**COST** \$105

Includes Volleyball WA membership and insurance



Write KIDSPORT as the discount voucher code in the online registration form

**READY  
TO SERVE!**

[www.adamroad.wa.edu.au](http://www.adamroad.wa.edu.au)

## BETTER HEALTH PROGRAM



**Better Health Program is a free 10-week evidence-based healthy lifestyle program for 7 - 13-year-old children who are above a healthy weight, and their families.**  
The program has two delivery models; a face to face, group-based program with weekly 2-hour sessions, or an online program with weekly online activities and personalised coaching with a health professional.

### What is the Better Health Program?



Better Health Program focuses on nutrition, physical activity and behaviour change for 7-13 year olds. The program has been designed by dietitians, exercise professionals and health psychologists to encourage a whole family approach towards establishing healthy habits.

The program aims to empower children and parents to make informed decisions through practical education and the provision of supporting resources.

### Program approach

Better Health Program has been developed in accordance with the clinical practice guidelines for the management of overweight and obesity of children in Australia. The guidelines emphasise the importance of multicomponent lifestyle interventions focusing on the program principles of nutrition, physical activity and behaviour change.

The program content aligns with all current Australian guidelines and recommendations including the Australian Dietary Guidelines and the 24 hour Movement Guidelines for Children and Young People. Results from a successful RCT published in Pediatric Obesity (Vol 11(6), 2015) showed significant improvements at 6 months across a range of key indicators.

*"The program was fantastic. So great that I didn't have to coax my daughter to come every week. She loved it and she couldn't wait to come! It's made a huge difference in our life."*

- Better Health Program Parent

[facebook.com/betterhealthco/](https://facebook.com/betterhealthco/)  
 @betterhealthcompany

1300 822 953  
[betterhealthprogram.org](http://betterhealthprogram.org)  
[info@betterhealthcompany.org](mailto:info@betterhealthcompany.org)



### Where is the Bunbury Family Relationship Centre?

We are located at the corner of Molloy and Symmons Streets in Bunbury (entry off Symmons St).

Our contact details are:  
PO Box 1386  
Bunbury WA 6231  
Ph: (08) 6164 0350  
Fax: (08) 6210 5930  
[bunburyfrc@relationshipswa.org.au](mailto:bunburyfrc@relationshipswa.org.au)

We are open Monday to Friday, 9am to 5pm

### What if I am unable to visit the Bunbury Family Relationship Centre?

We offer our services at the following locations or by telephone:

**Albany**  
29 Albany Highway, Albany WA

**Busselton**  
Yoonderrup House  
71 Kent Street, Busselton WA

**Manjimup**  
Manjimup Family Centre  
13 Mount Street, Manjimup WA

**Margaret River**  
36 Station Road, Margaret River WA

To make an appointment at any of these locations call the Bunbury Family Relationship Centre on 6164 0350



- Strengthening family relationships
- Assisting families through separation
- Family Dispute Resolution
  - Parenting
  - Grandparenting
  - Property & finances



An Australian Government Initiative

2022

## ADAM ROAD PRIMARY SCHOOL

Term Two

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
1	25 April ANZAC Day public holiday	26 Students resume	27	28 ANZAC Ceremony 12.30pm	29	30	1
2	2 May	3	4	5	6 Winter Carnival Years 5-6	7	8
3	9 May	10 NAPLAN	11 NAPLAN	12 NAPLAN	13 NAPLAN	14	15
4	16 May NAPLAN	17 NAPLAN	18 NAPLAN	19 NAPLAN	20 NAPLAN	21	22
5	23 May Book Fair	24 Book Fair	25 Book Fair	26 Book Fair	27 Faction Cross Country Years 3 - 6	28	29
6	30 May	31	1 June	2	3	4	5
7	6 June WA DAY	7	8	9	10	11	12
8	13 June	14	15	16	17	18	19
9	20 June	21	22	23	24 Interschool Cross Country	25	26
10	27 June	28	29	30 Students last day	1 July School Development Day	2	3
H	4 July	5	6	7	8	9	10
H	11 July	12	13	14	15	16	17

  Start and End of Term  Public Holidays  School Holidays (students)  School Development Days

D20/0246509